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# Long Term Care Guide: Essential Tips For Solving The Elder Care Puzzle



## Synopsis

When an older adult begins to require assistance with activities of daily living, or experiences a healthcare crisis, a family may feel threatened by potential social, emotional, physical, financial, and legal challenges. Solving the long-term care puzzle is easier for a caregiver who has a guide, not only to understand a present challenge, but to foresee a potential catastrophe down the road. This book is composed of published articles written by Elder Law attorneys and an Elder Care Coordinator, BSN with years of professional experience with the needs of older adults and their care-giving families. The practical strategies in this book will help you along with your long-term, elder care journey. Articles within each chapter discuss specific topics related to older adult advocacy including: care-giving roles dementia finances care services independence issues legal issues and more. Check out the preview for more information on the subjects covered.

## Book Information

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## Customer Reviews

This book is much more than the title indicates. It is more than just a "Long Term Care Guide," and it offers information far beyond "essential tips." It is a well written, easy to understand guide, put together by a group of professionals. I am a caregiver, and have encountered many unexpected obstacles that might have been avoided had I read this book earlier. Buy this book, and consider it a primer on elder care. It clarifies many of the vague, foggy terms that can cost big bucks if you fail to understand them. As a quick example, we purchased an excellent "Long Term Care" policy in 1982. That policy refers only to "Long term Care" and "Nursing Homes." Today those terms on such a policy may or may not include skilled nursing, intermediate custodial care, assisted living, personal care, or

continuing care. It pays to get ahead of the game before the need becomes a crisis. This book addresses “specifically “ the common mistakes with regard to elder care, and explains what to do about them. Keystone Elder Care, P.C. is a Pennsylvania firm, but the information in the publication provides a superb springboard for elder care planning in any state. The authors are clear when they address an issue that may be different in a state other than Pennsylvania. Even then, they have the readers’ attention and might avoid a critical oversight. For Pennsylvania residents who are now caregivers, I would say start with this book “ and check off the items one by one until you feel that you have done your absolute best for your loved one. I happen to be a Pennsylvanian and I can’t express how helpful this book has been and continues to be.

Because of the way this book is organized by topics, with many small chapters on a wide variety of topics, it is both helpful and easy to process. As a caregiver, I sometimes don’t have the time or energy to read something that is lengthy and theoretical. The book explores challenging topics that were often thought provoking, but the many short and informative chapters made it easy for me to read for ten minutes at a time. Average people who are hoping to ramp up on the learning curve of being a caregiver will find it useful and comforting. I imagine that professionals and even lawyers who work with older people going through these issues will probably find it to be informative and useful resource. I wish I had found it earlier when I just started to become a caregiver. If you are helping someone who is facing Alzheimer’s disease, dementia or another long-term care issue and are looking for a good place to start, it would be hard to beat this book.

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